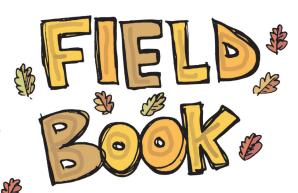
WALLACE'S GUIDE TO KEEPING A



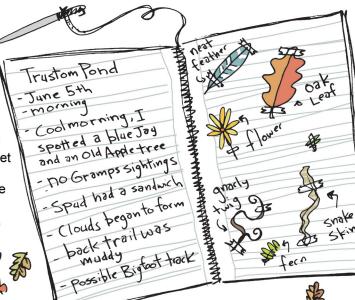
Trust me, I kinda know what I'm talking about.

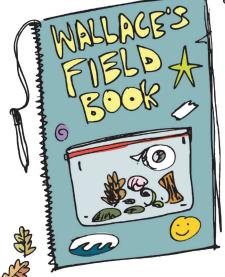




A field guide is a cool way to keep track of all the hikes and parks you visit. I use a regular ol' spiral

notebook, but you can use anything you want, from blank sketchbooks to stapled pieces of computer paper. Whenever I get outside with my field book, I always use one page to describe where I am and the opposite page to tape down all the cool things I find, like ferns, feathers, flowers, and sticks.





To keep a good field book, make sure you start each page with the date and time you go on your hikes—it's fun to compare them with the change of seasons. It's also important to have a pen or pencil handy. I tie mine to a string and staple it to the notebook. Staple a resealable plastic bag to the front of your field book to keep bigger objects you find, like neat shells, rocks, and pine cones. It's also where I keep my roll of tape.

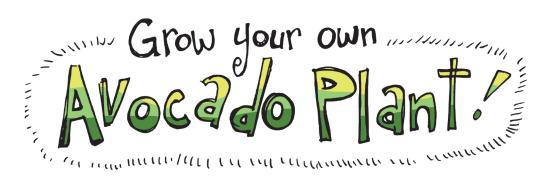




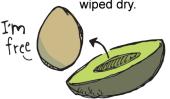


Boom! That's it. Super easy, right?! A good outdoors person keeps track of their adventures! All that's left is to get out there and find some interesting things!





Start with a regular ol' avocado pit, cleaned and wiped dry.



Toothpicks

A clear glass or jar

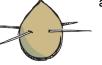


Fill the glass with water,

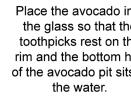
Locate the top of the avocado pit. The top usually has a tiny point to it.

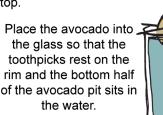


Stick four toothpicks into the avocado pit, like the picture above.



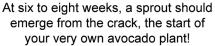
almost to the tippity top.





After about three weeks. the avocado pit should begin to sprout a tiny, delicate root into the water.

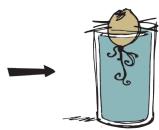
Eventually, the top part will dry out and crack, while the roots continue to grow.

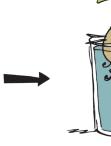




You look

very handsome,







Make sure to change the water every week, and keep the water level of your glass or jar high enough to submerge the avocado pit.



After the sprout has grown taller than six inches, remove it from the water glass and plant it in some soil. It's important to give your avocado plant plenty of sunlight and lots of compliments.









WHAT YOU'LL NEED

Tupperware

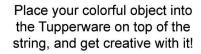


String

Cool, colorful things you've collected outside, like shells, twigs, leaves, or rocks



Cut the string 2–3 feet long and lay it on the bottom of your Tupperware.



Fill the Tupperware with water just till it covers the objects. It's OK if they float around.

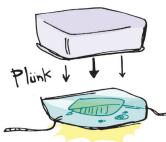






more Patience

Pop that thing in the freezer, and wait for the water to turn to ice, usually around 2–3 hours depending on the size.

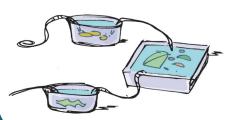


Flip the frozen mobile over and wiggle the Tupperware. The block of ice should fall out. Now you've got your cool winter mobile.



GET CREATIVE!

Try different sizes of Tupperware and connect them with a single string before you freeze them. This will add more parts to your mobile.



Head outside and hang them in your favorite tree, on your balcony, or in your snow fort.

