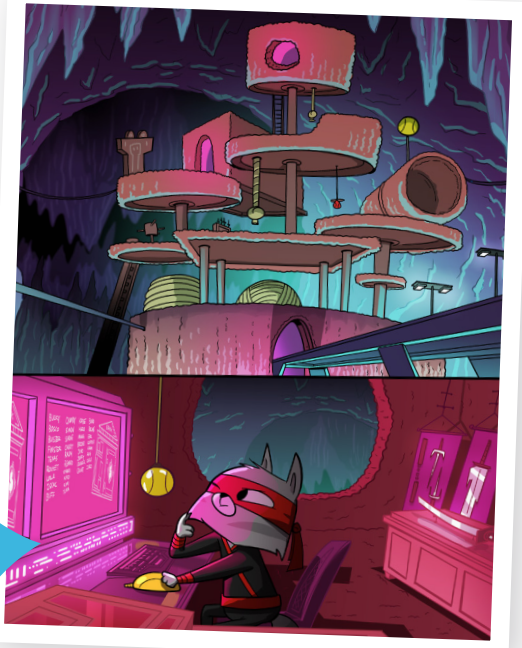




BUILD YOUR HERO HEADQUARTERS

When Cat Ninja needs a break from Master Hamster, he goes to his underground (um... under litter tray?) headquarters. You can build your own secret hideout too—no pesky rodent required!

Cat Ninja's Lair



1. DESIGN YOUR LAIR.

Think about your perfect Hero Headquarters. Would it have a secret entrance? Books? Art supplies? Music? Use paper and pencil to draw a map of your hideaway with spaces for all of your favorite activities.

2. CHOOSE A LOCATION.

Is there a quiet, corner in your house or a shady spot in your yard?

Are you a builder?
Make a model of your hideout using blocks, a construction set, or a shoebox.



Master Hamster's Lair



Knock Knock!
Who's there?
(Silence)
(Silence)
Oh, hi, Cat Ninja!



SUGGESTED SUPPLIES

- Cushions and pillows
- Sheets and light blankets
- Clothespins or binder clips
- Furniture
- Cardboard boxes, tape, scissors, crayons, markers

3. GATHER YOUR MATERIALS AND GET BUILDING.

Start with these ideas, or create something totally new.

- Cover a table with blankets, then create a cardboard-box entrance tunnel just big enough for you. (Don't forget to hang a No Supervillains sign!)
- Look around your living room. Could you make a fort by hanging sheets between a chair and your couch, or between two high-backed chairs? Use clothespins or binder clips to hold the sheets together—and conceal the secret exits!
- Use a large cardboard box (or tape some boxes together) to design a fort with secret compartments, hidden passageways, and trapdoors. Use crayons, markers, or stickers to decorate it.
- Use cushions and blankets to turn the space behind the couch into a cozy lair for reading, snacking, or planning your next mission.

4. MOVE IN!

Add decorations, strings of holiday lights, and toys to make your hideout feel like home.



MASTER HAMSTER'S **SECRET** YUM-YUM RECIPES



There are three things Master Hamster won't share: his gadgets, his underground lair, and his recipe for Yum-Yums! But after lots of delicious experiments, we're pretty sure we've figured out his secret formulas!



All of these recipes start with plain, unbuttered popcorn—air-popped, store-bought, or micro-wave. Pour about 6 cups of popcorn into a large mixing bowl, sort through the popcorn, and throw away any unpopped kernels. Set the popcorn aside while you make your topping.

To pop regular popcorn in the microwave, put $\frac{1}{4}$ cup of popcorn kernels in a brown paper lunch bag. Fold the top down three times, and put the bag in the microwave. Cook for $2\frac{1}{2}$ minutes, or until 3 seconds pass between pops. Wait for 30 seconds before you open it.

CHOCOLATE AND PEANUT BUTTER YUM-YUMS

**2 tablespoons
butter**

**$\frac{1}{4}$ cup peanut
butter**

**$\frac{1}{4}$ cup chocolate
chips**

Cover a baking sheet with waxed paper.

In a microwave-safe bowl, combine the butter, peanut butter, and chocolate chips. Microwave for 45 seconds. Stir until the ingredients are completely combined.

Pour half of the topping over the popcorn and use a rubber spatula to stir and coat the popcorn. Add the remaining topping, and stir until the popcorn is evenly coated.

Spread the popcorn over the waxed paper and let it cool for about 20 minutes.



COOKIES AND CREAM YUM-YUMS

**12 cream-filled
chocolate
sandwich cookies**
**1/4 cup white
chocolate chips**



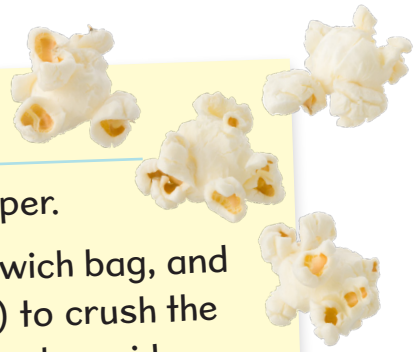
Cover a baking sheet with waxed paper.

Put the cookies in a resealable sandwich bag, and use a wooden spoon (or your hands) to crush the cookies into fine crumbs. Set the crumbs aside.

Place the white chocolate in a microwave-safe bowl and microwave for 30 seconds. Remove, stir, and microwave for another 30 seconds. Repeat until the chocolate is completely melted.

Pour half of the melted chocolate and half of the cookie crumbs over the popcorn and use a rubber spatula to stir and coat the popcorn. Add the remaining chocolate and crumbs, and stir until the popcorn is evenly coated.

Spread the coated popcorn over the waxed paper and let it cool for about 20 minutes.



PARMESAN YUM-YUMS

3 tablespoons butter
**3 tablespoons grated
Parmesan cheese**

Put the butter in a microwave-safe bowl. Microwave the butter for about 30 seconds, or until melted. Pour the melted butter over the popcorn and stir so it's coated. Sprinkle the cheese over the buttered popcorn and stir to coat evenly.

EVERYTHING BAGEL YUM-YUMS

3 tablespoons butter
**3 tablespoons
everything bagel
seasoning**

Put the butter in a microwave-safe bowl. Microwave the butter for about 30 seconds, or until melted. Pour the melted butter over the popcorn and stir until it's coated. Sprinkle the everything bagel seasoning over the buttered popcorn and stir to coat evenly.





EXTENDO-HAND

Master Hamster's robot suit has detachable hands that hide scissors, rocket boosters, and other gadgets! Here's how to make your own gadget arm.

YOU'LL NEED:

Heavy poster board or thin cardboard
2 paper drinking straws
2 yards (72") of string
Tape or white school glue
Scissors
Ruler
Paint, crayons, stickers for decorations

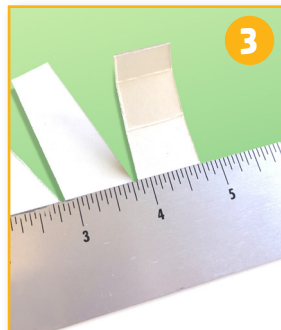


Arm

1 Trace your hand and forearm on the poster board or cardboard. Add a 3" by 5" section near the elbow edge of your traced forearm.

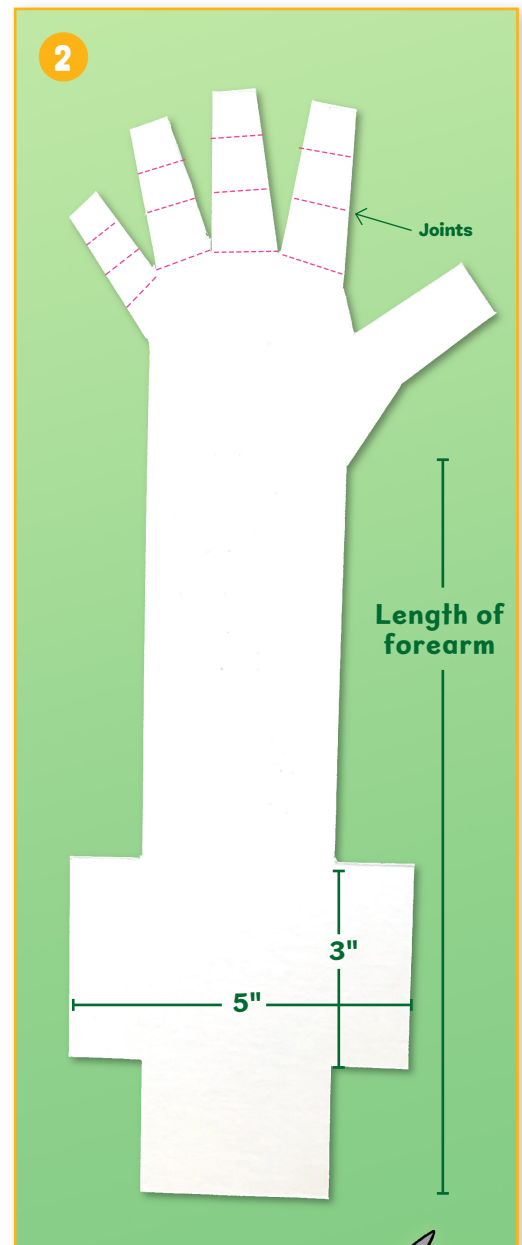
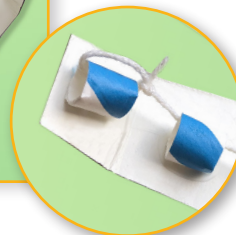
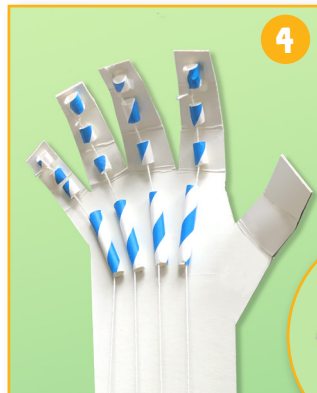


2 Cut out the shape you traced. Your cutout will look like photo 2.



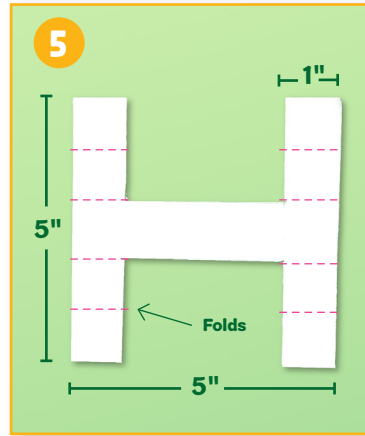
3 Use a ruler to fold each finger in 3 places, forming the joints. See photo 3.

4 Cut the paper straws into twelve 1/4" and four 1" pieces. Glue or tape one 1/4" straw between each finger joint and four 1" straws to the palm. Pull the string through all the straw pieces, including the top straws. Loop the string around each top straw and tie it to itself, as shown.



Handle

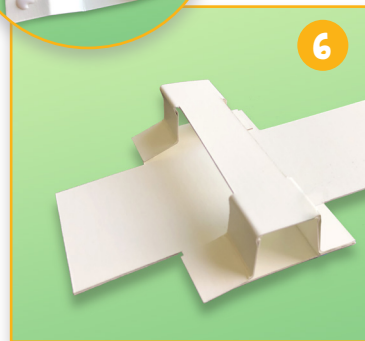
5 Draw a 5" square on cardboard or poster board and cut it out. Draw the H shape as shown in photo 5 onto the square and cut it out. Use a ruler to make folds spaced 1" apart.



6 Attach the handle to the arm with glue or tape as shown in photo 6.

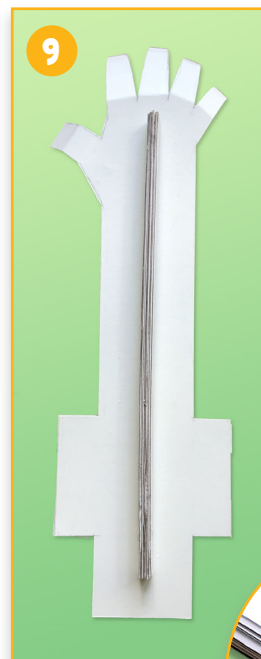
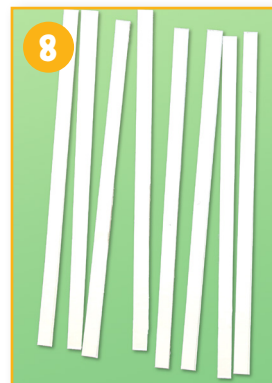
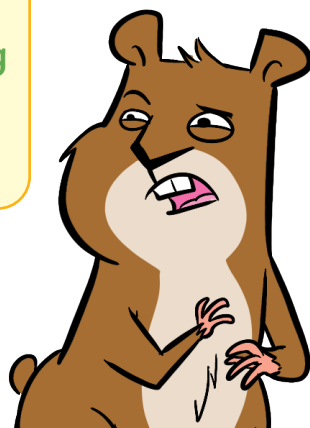
Take a reading break while the glue dries!

7 Tie a loop that is big enough for your finger at the end of each string. When you wiggle your fingers, Extendo-Hand will move, too!



FUN FACT

This arm is an example of reverse engineering. It's a mechanical version of something that already exists (your arm) that uses cardboard in place of bones and string in place of muscles and tendons!



Brace

8 Cut out eight 1/2" by 12" strips.

9 Glue or tape the strips together to form one thick strip. Glue or tape the edge of the thick strip to the back of the arm to make it sturdy.

