

DOOM-FREE OBSTACLE COURSE!

You can build a fun obstacle course at home, inside or outside, with no ooey, gooey mud or rare redbilled porcupinesnakes to slow you down!

1. CHOOSE SOME FUN OBSTACLES AND CHALLENGES.

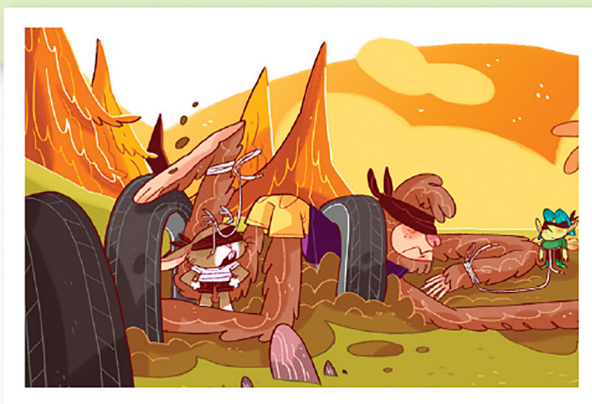
Things to crawl under or through: Hula-Hoops, pool noodles bent into upside-down U's, tables, sheets draped between chairs, tunnels made out of pillows, a baby pool. (Fill it with stuffed animals if you're playing inside or water if you're playing outside!)

Things to crawl over: piles of couch cushions, yoga balls, mountains of blankets or towels, jungle gyms, hammocks, laundry baskets

Things to balance: books on your head, a ball on a spoon, a cookie on your nose as you walk, or yourself—along a balance beam or a squiggly chalk line drawn on your driveway

Fun ways to move: Don't walk between obstacles, skip! Don't crawl through the sheet tunnel, somersault! Outside, you can skateboard, scooter, or bike.

Fun challenges: Blow bubbles, jump rope, or try doing the whole course blindfolded.



2. SET THE COURSE!

Maybe you'll crawl through a sheet tunnel that leads to a tower of cushions you have to climb, which puts you near a Hula-Hoop you have to spin 10 times before you can skip to the spot where you need to blow 20 bubbles before you balance a book on your head and race back to the start—backward!

3. TACKLE IT LIKE YOUR FAVORITE CREATURE CAMPER WOULD!

Hazel-style: Go as fast as you can and never stop talking about EVERYTHING you see! How fast can you finish it?

Norm-style: Take the longest strides you can between obstacles. How few steps can you take?

Wisp-style: You can't fly, but you can skip or hop! Spend as much time as possible on one foot or jumping into the air.

Oliver-style: Do it like a human kid. Then take it down, choose new challenges, and do it all over again!



TELL IT

Why did Grumplestick get places so quickly?

Because there's no pace like gnome.

