

epic!

# BOREDOM BUSTERS



ANIMAL RESCUE  
FRIENDS

# READ IT

At the Animal Rescue Friends shelter, pets and people find a place to belong. Read about Maddie, Bell, Mikey, Noah, and the whole crew on Epic!



## RESCUE RULES FOR USING THIS BOOK

### 1. BE LIKE MADDIE

If you're out of dog food, try carrots instead! Don't have the exact supplies listed here? Use what you have, and you might discover a great new way of doing things! Remember: If you're having fun and being safe, you're doing it right!

### 2. MEET ALL THE ANIMALS BEFORE YOU CHOOSE THE RIGHT MATCH!

Check out all of the activities and decide what you'd like to do first. Feeling crafty? Start with Make It! Stomach grumbling? It's time for Taste It!

### 3. YOU DON'T HAVE TO DO IT ALL YOURSELF!

When it's time to cook or use sharp tools, always ask a grown-up to help!

**ASK A GROWN-UP FOR HELP!**







Dogs, cats, bunnies, ferrets, and even horses have a home at the Animal Rescue Friends shelter! You can create your own gang of animals out of materials you have around your house.

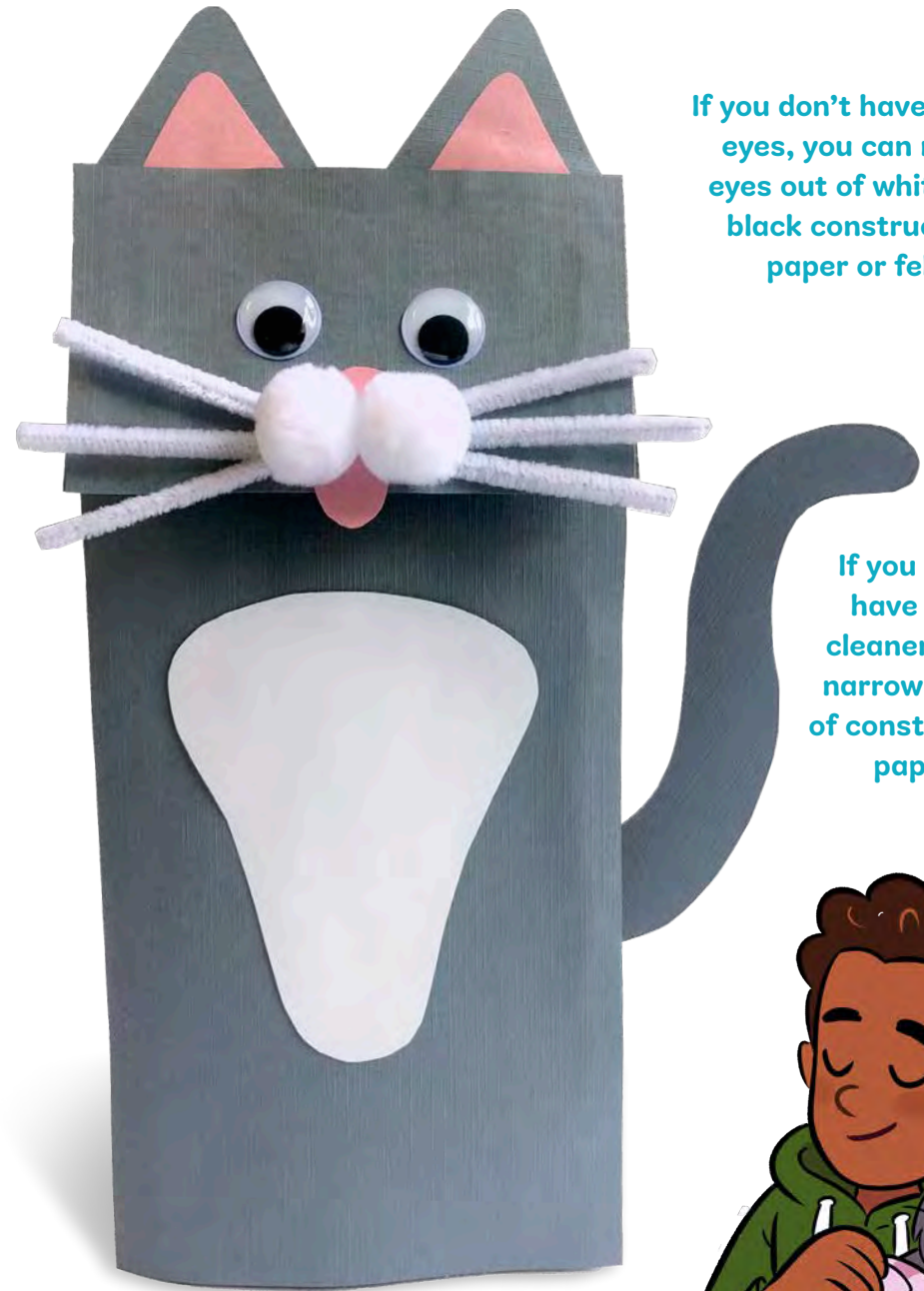
ASK A  
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FOR HELP!

## MAKE PEPPER OUT OF PAPER!

### SUPPLIES

- A paper lunch bag
  - White, pink, and any other color construction paper you'd like to use for your cat
  - Scissors
  - Glue
  - 2 pipe cleaners
  - Googly eyes
  - Two pom-poms or cotton balls
1. Cut out pieces of construction paper to cover the front and top of your bag. Pepper is dark gray, but you can make your cat any color or pattern you like!
  2. Cut two triangular ears out of construction paper to match your cat. Then cut two smaller triangles out of pink construction paper, and glue them to the ears as shown.
  3. Cut a tail out of construction paper to match your cat.
  4. Cut a small tongue and nose out of pink construction paper.
  5. Cut the pipe cleaners into six pieces, each about 3 inches long.
  6. Place your bag with the folded side facing up. Place lines of glue along the front bottom edge of each ear and glue them to the back of the bag at the top. Put glue on the front side of the base of the tail and stick it to the back of the bag, too. Make sure it's sticking out to the side so you can see it from the front!
  7. Glue the googly eyes and small nose to the front of your bag, as shown.
  8. Glue one end of each piece of pipe cleaner just below the nose, and glue the pom-poms or cotton balls over their centers. Glue the tongue below the pom-poms.

If you don't have googly eyes, you can make eyes out of white and black construction paper or felt.



If you don't have pipe cleaners, cut narrow strips of construction paper.

You can decorate your cat's belly with a white patch, stripes, or any other pattern you like!





# MAKE A SOCK HOPPER!

ASK A GROWN-UP FOR HELP!

## SUPPLIES

- Scissors
  - White and pink felt or craft foam
  - White yarn
  - A white sock
  - Marker or pen
  - Craft glue
  - Googly eyes
  - Small pink pom-pom
  - 2 small pom-poms or cotton balls
  - 1 large white pom-pom
1. Cut two bunny ears out of white felt or foam and two smaller pieces of the same shape out of pink felt or foam. Glue one pink piece to each white piece to make ears.
  2. Cut two front teeth from white felt or foam. Cut four pieces of yarn for whiskers, each about 4 inches long.
  3. Put the sock on your hand like a puppet, and use the marker to make dots where the nose, eyes, ears, whiskers, and tail will go, referring to the photograph for placement.
  4. Take the sock off your hand and place it on a flat surface. Use glue to attach the googly eyes.
  5. Put a large dot of glue where the whiskers will be. Fold each piece of yarn in half and attach the folded center to the glue. Add another dot of glue and attach the small white pom-poms over the whiskers.
  6. Add a dot of glue centered above the white pom-poms and attach the pink pom-pom nose. Add 2 dots of glue centered below the white pom-poms and attach the teeth.
  7. Bend the bottom 1/4 inch of each ear forward to create a tab, and glue one tab where each ear goes.
  8. Add a large dot of glue and attach the large white pom-pom tail.
  9. Let the glue dry, then do the bunny hop!

If you want the ears to stand up, add an extra rectangular tab to the back of each ear!



Mikey and Hopper ▶



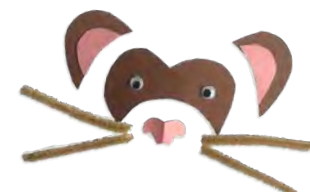
Create a whole barnyard of paper or sock animals by using different ears, noses, eyes, and other features. Then, when you have plenty of puppets to play with, put on a show for your friends and family starring you as an Animal Rescue Friends volunteer!



Chestnut



Boyd



Kiki





## A FEAST FIT FOR A BUNNY

Make this Houdini-inspired breakfast to share with your family, and watch it disappear like magic!

### For Each Bunny

1 large and 2 small frozen pancakes,  
warmed according to package directions

You can use frozen waffles instead, or ask a grown-up  
to help you make pancakes or waffles from scratch!

1 peeled banana

1 raspberry or small strawberry

2 blueberries

Chocolate syrup or chocolate hazelnut spread

1. Place one large pancake in the middle of a plate.
2. Cut the banana in half and set one half aside. Slice lengthwise down the middle of the other half and place the slices at the top of the pancake to make ears.
3. Put the two small pancakes on the bottom half of the large pancake to make cheeks. Add the raspberry in the center to make the nose.
4. Cut two round slices from the remaining banana and place one above each of your bunny's cheeks. Add a blueberry to each banana slice to complete the eyes.
5. From the remaining banana, cut two rectangular slices for teeth and place them below your bunny's cheeks.
6. Add chocolate syrup or chocolate hazelnut spread whiskers and presto! Your bunny is ready for breakfast.



If you want to win some-bunny's heart, forget the carrots—rabbits aren't actually big fans of the root veggies. Offer them a small slice of banana instead. That sweet and tasty fruit is their favorite snack!



Animals are a lot like people: To stay healthy and happy, they need to move and have fun! Here are two games (one for outside and one for inside) that you can play with your friends and family.

## ANIMAL RELAY

You'll need two teams of at least two people each for this game. To begin, head outside and choose a race course. (To the end of your yard and back or along the outside edge of a basketball court at a park are both good choices.) Have each player think of an animal and how it moves. Line up your teams at the start, and have the youngest kid begin the round by shouting out an animal's name. The first two kids have to run the course moving like that animal—on all fours like a dog, galloping like a horse, or even hopping like a bunny! The first person back to the start shouts the name of the animal that the next round of players will have to imitate. The relay race ends when the first team gets all of its members back to the start!

**In a relay race, teams compete by each having one person at a time run a course. Each competitor waits until the teammate before them makes it back to the start before taking their turn.**



## FREEZE DANCE

This is a great activity for two or more people, and it's perfect for when you really want to move but you can't go outside. To begin, choose someone to be the Rescue Volunteer—they'll be in charge of the music and the animals. When the Volunteer starts the music and calls out the name of an animal, the players have to dance like that animal. When the Volunteer stops the music, everyone freezes. Take turns being the Volunteer, and find out who can dance like the coolest cat or the funkiest ferret!



## BECOME A WILDLIFE GUARDIAN

You don't need to work in a shelter or even adopt a pet of your own to learn more about animals and help improve their lives. You could plant a garden to attract butterflies and other pollinators to your yard, hang a window birdfeeder to get an up-close look at the local species, or plant some clover so you can feed and observe the local bunnies. You can even ask a grown-up to help you

search for "animal live cams" online to get a peek at how a few more-exotic species spend their days in zoos or their natural habitats.



## THE PERFECT PET

Lots of rescues hold adoption events to help people find their just-right furry, scaly, or feathery friends. If you could adopt any animal at all, real or imaginary, what would it be? Why would you choose that animal, and why do you think that animal would love having you as their human? How would you take care of it, and what would you name it? Draw a picture of your perfect pet and write a story about an adventure that you and your new friend might go on.







## OLD MACDONALD HAD A...FERRET?

Hunt through the pages of Animal Rescue Friends books 1 through 5, and see how many different animals you can find. Then sing a song to the tune of “Old MacDonald Had a Farm,” but using the rescue animals from the books. Ask some friends to help you learn how to dook-dook like a ferret!



## BECOME AN ANIMAL RESCUE FRIEND

When Maddie discovered Animal Rescue Friends, she found more than just a place to keep Boyd safe—she also found people who cared about animals as much as she did! Volunteering at a shelter is a great way to meet other people who care about finding every animal a happy, loving home. But even if you can’t volunteer, there are still lots of ways you can help. You can donate supplies to a shelter. You can ask people to make donations in your name in place of your birthday or holiday gifts. And if you ever have the opportunity to adopt a pet, you can look to your local rescues. Adopting is a great way to help animals in need!





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**Why would you choose that animal, and why do you think that animal would love having you as their human?**

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**What would you name your animal, and how would you take care of it?**

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