

# CREATE AN IRL ESCAPE COURSE

## **GATHER MATERIALS:**

- Sidewalk Chalk
- Soccer NetHula Hoop
- BucketPinecones
- Garden Chairs
- Jump RopeWiffle Bat
- Balls
- Orange Cones
- Frisbee
- Sticks

Any sports equipment and nature finds will come in handy for designing the course.

# **SEEK LOCATION:**

A traffic-free stretch of cement or a grassy area. The ideal course will have both!

## **CEMENT COURSE:**

With sidewalk chalk, draw exciting challenges and treacherous traps along the course.

#### Example:

- Create a Laser Force Field by drawing criss-crossing lines. Challenge: Cross on one foot without touching a line.
- Include the Amazon River by drawing wavy lines.
- <u>Challenge</u>: Leap over without making a splash.

**Q:** How could you draw a lava pit, alien slime, tornado, trap door, or quicksand? **Q:** What else could you draw?

# **GRASS COURSE:**

Build more areas for the course using the materials you've gathered.

## Example:

- A jump rope turns into a tight rope over a snake pit
- Hula hoop becomes a ring of fire.

**Q:** What else could you add?

Q: What actions will you include: spin, duck, blast, thrash, jump, climb, crawl, run, dodge, scurry, swim?

# **RUNNING THE COURSE:**

Every person gets a chance to escape! Some fun variations:

- Time each player
- Run the course backwards
- Blindfold a player and guide them through
- Travel the course balancing an orange on a spoon

**Q:** How else could you run the course?



# EARN XP:

Every act of exceptional bravery, creativity, humor, and dedication earns 100 XP.













